



Shine a Light Counseling Center  
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## Consent to Release Confidential Information

By signing this document, I, \_\_\_\_\_  
authorize the mutual exchange of health information between the following individuals and my  
therapist at Shine a Light Counseling Center: \_\_\_\_\_  
(Therapist at Shine a Light)

\_\_\_\_\_  
\_\_\_\_\_  
Name: \_\_\_\_\_  
(doctor/therapist/family member/other)

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Name: \_\_\_\_\_  
(additional person, if applicable)

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Email: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Rights:

- You have a right to request a copy of this form and to request a copy of the information that is being disclosed.
- You do not have to sign this authorization and your refusal will not affect your benefits unless this authorization is necessary to determine your benefits
- The information disclosed by this authorization may be at risk for re-disclosure by the recipient and if that happens, it might no longer be protected by federal privacy laws
- You have a right to revoke this authorization at any time. But if you revoke this authorization, the revocation will not affect the disclosure of any information that Shine A Light has already sent to the recipient.

Name of client: \_\_\_\_\_ Date: \_\_\_\_\_

Name of parent/guardian if client is a minor: \_\_\_\_\_ Date: \_\_\_\_\_

Electronic Signature upon uploading this document signifies agreement to this entire document.